



The Discovery School PGL Trip 2022 - Kit List

Please note that children **must** have long sleeve tops and trousers for lots of the activities, even if it is a hot day. This is a PGL health and safety requirement and children who do not have long sleeve tops and trousers will not be allowed on certain activities.

The site can be muddy and, during the physical activities, clothes can easily get damaged. As such, we strongly recommend that your child brings their old clothes, rather than buying new clothes specifically for the trip.

- ☐ Suitable nightwear
- ☐ 3 sets of underwear
- ☐ 4 pairs of socks
- ☐ 2 pairs of trousers for activities
- ☐ 1 pair of shorts
- ☐ 2 pairs of old trainers for activities
- ☐ 1 pair of dry shoes for evening activities
- ☐ 2 Fleece/sweatshirts for activities
- ☐ 2 Long sleeved shirts/t-shirts (for activities where arms need to be covered)
- ☐ 3 T-shirts
- ☐ Waterproof jacket/cagoule
- ☐ A warm jumper for evening activities
- ☐ Baseball cap/sunhat
- ☐ 1 set of clothes for the evening (and disco)
- ☐ 1 or 2 towels for showering

- ☐ Plastic drinks bottle
- ☐ Sun cream
- ☐ Small rucksack/bag
- ☐ Labelled bin bag for wet and dirty clothing
- ☐ Washbag (including soap, shampoo, toothbrush and toothpaste)
- ☐ Roll-on deodorant
- ☐ Optional - extra pillow
- ☐ Disposable camera or an old digital camera (which it doesn't matter if it get lost or damaged)
- ☐ Up to a maximum of £10 spending money in a clearly labelled money bag or envelope (as the party leader will collect this in and distribute it to children when they go to the onsite shop)
- ☐ **Disposable Packed lunch for the first day**

Children are not to bring any electronics - including mobile phones, computer games, i-pods, MP3 players or expensive cameras. They are also not to bring any jewellery or valuables, although they may bring an old watch if they would like to. Because of over-sensitive fire alarms, children are only allowed to bring roll on deodorant as sprays are not to be used on site.

Please label everything that your child brings - indelible felt tip pens are useful for this. Children are responsible for their own belongings. Lost property is hard to track down after a visit and PGL charge to return any missing items.