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Tuesday 16<sup>th</sup> November

Dear Parents and Carers,

The Discovery School will be taking part in Anti-Bullying Week this week. Anti-Bullying Week helps schools across England to shine a spotlight on bullying and encourage all children, teachers and parents to take action against bullying throughout the year. The theme this year is 'One Kind Word'.

In school, we will be focusing on 'one kind word' in our PSHE lessons this week and encouraging the children to take the time to say 'one kind word' to each other, not only in school but at home too. Our virtual assembly on Thursday will explore how saying 'one kind word' can be a turning point. It can change someone's perspective, their day, the course of a conversation and could break a cycle of bullying. Best of all one kind word leads to another! Kindness fuels kindness and we can all play a part in a chain reaction that powers positivity. We think this upbeat message will resonate with the children.

As a whole school, we will be taking part in Odd Socks Day on the Thursday 18<sup>th</sup> November for Anti-Bullying Week. There is a serious message behind the fun: let's pull on odd socks to show we're ALL unique and different, and let's be kind to each other and respect each other's individuality.

For more details about Anti-Bullying Week, visit the Anti-Bullying Alliance's website:

[anti-bullyingalliance.org.uk/anti-bullying-week](http://anti-bullyingalliance.org.uk/anti-bullying-week).

Kind regards,

Mrs B Hook  
PSHE and RSE Lead



2020-2023

